

SAMPLE MENU - GALGATE

BREAKFAST

SERVED DAILY

Creamy Hot Porridge

OR

Selection Of Cereals

Fresh Fruit Juice

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Traditional English Breakfast

(available on request)

*Bacon, Sausage, Sauted Mushrooms, Black Pudding
and Grilled Tomatoes*

*Eggs to your choice - Scrambled / Fried / Poached or
Boiled*

.....

Kippers

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Toast With A Selection Of Jams / Marmalade

LUNCHTIME

STARTER

Fresh Vegetable Soup

MAIN COURSE

Roast Topside of Beef

*Served with Yorkshire Pudding, Cauliflower Cheese,
Carrot Batons & Oven Roast Potatoes*

OR

Ham Salad

SOFT OPTION

Roast Topside of Beef

Served with Creamed Potatoes & Pureed Vegetables

DESSERT

Apple Pie

Served with Fresh Cream

TEATIME

MAIN COURSE

Buffet Selection

Open Sandwiches, Sausage Rolls, Pork Pies & Quiche

OR

Fried Egg & Chips

SOFT OPTION

Scrambled Eggs

DESSERT

Orange Jelly

Served with Vanilla Ice Cream

